



APRIL

ACADEMIC PERFORMANCE RESOURCES IN LSUHSC-NO

APRIL provides an umbrella of academic support services for all LSU Health Sciences Center (LSUHSC) students in New Orleans through LSUHSC Student Health. Funding for many of these services comes from Student Health Fees and Student Health Insurance. However, not all services may be covered. Please familiarize yourself with the scope of your health insurance coverage. For convenience, this brochure outlines the services available, the providers and contact numbers. Students may choose to contact any of the following service providers directly or may seek information through their Office of Student Affairs.

STUDENT HEALTH (504) 525-4839

<http://www.lsuhscc.edu/orgs/studenthealth/>

Appointments available at:

- 478 Johnson St. (504) 412-1995
New Orleans, LA. 70112
- 3700 St. Charles Ave. (504) 412-1366
New Orleans, LA. 70115

For after-hour emergencies, call (504) 412-1366

- Preventive health care, including immunizations
- Health care for episodic illnesses
- Health care for chronic health issues
- Referral for laboratory work and/or specialty services

CAMPUS ASSISTANCE PROGRAM (CAP)

(504) 568-8888 or cap@lsuhsc.edu

<http://www.lsuhscc.edu/orgs/campushealth/cap.aspx>

- Crisis Line (504-568-8888) with a CAP counselor on-call 24 hours a day/365 days a year to assist in times of crisis
- Services provided for problems with anxiety, depression, stress, marriage and family, relationships, legal or financial concerns, grief, and alcohol or drugs
- Free short-term confidential counseling and referral services for students, their significant others and/or immediate family members and, when needed, referral will be made to a specialist within the community for the most cost-effective services

ACADEMIC & NEUROPSYCHOLOGICAL ASSESSMENTS

**Referrals made through CAP (504) 568-8888
or your school's Student Affairs Office**

- Academic and neuropsychological assessments (intellectual, cognitive & psychological tests) to diagnose cognitive disabilities including:
 - Attention deficit disorder
 - Learning disabilities
- Individualized recommendations made to remediate or accommodate students with disabilities
- Assessment services may be covered under LSUHSC Student Health Insurance

OFFICE OF DISABILITY SERVICES (ODS)

(504) 568-2211 or ods@lsuhsc.edu

<https://www.lsuhscc.edu/administration/academic/ods/>

ODS facilitates the process of academic accommodations for students with disabilities, and works in collaboration with the professional schools of the Health Sciences Center. Students can visit the ODS website for:

- Student intake form
- Accommodation Procedures and Guidelines

SCHOOL OF ALLIED HEALTH PROFESSIONS

**Department Of Communication Disorders
(504) 568-4348**

- Speech-Language Pathology
 - Assessment includes: spoken language, speech (articulation, fluency and voice), written language, reading skills, oral structure and function, augmentative and alternate modes of communication
 - Treatment includes: speech disorders, language disorders (oral and written), cognitive communication disorders, augmentative and alternate communication devices, accent modification, enhancing speech-language proficiency and language-based academic problems
- Audiology
 - Comprehensive assessment of hearing skills
 - Comprehensive assessment of listening skills
 - Treatment including: aural rehabilitation, auditory prostheses (hearing aids and assistive listening devices), dizziness/vertigo testing, ear molds/swim molds and musician earplugs

THE LSUHSC

DEPARTMENT OF COUNSELING

- Outpatient mental health clinic
 - Provides mental health services to children, adolescents, and their families.
 - Located in the School of Allied Health Professions in the Department of Clinical Rehabilitation and Counseling
- Teaching, training, and research facility
- Individual mental health services
- Group mental health services
- Family mental health services
- Psychological/Psychoeducational evaluations
 - Appointments may be scheduled by calling (504) 556-3451 or emailing cfcc@lsuhsc.edu
 - Appointments will be scheduled based on clinician availability and scope of practice



WELLNESS CENTER

Stanislaus Hall (504) 568-3700

<http://www.lsuhschool.edu/administration/wellness/>

- 📖 Hours of Operation: 7:00 am – 6:00 pm Monday - Friday
- 📖 18,000 square feet
- 📖 Cardiovascular equipment: treadmills, bikes (upright and recumbent), ellipticals, rowers and Adaptive Motion Trainer's (AMT)
- 📖 Selectorized weight equipment: Nautilus Nitro
- 📖 Plate loaded/free weights
- 📖 Pilates reformer classes, fitness assessments and exercise orientations – by appointment
- 📖 Lounge area
- 📖 Shower facilities and spacious saunas located in the locker rooms

FREE OFF-CAMPUS PROFESSIONAL COUNSELING (504) 236-2623

- 📖 Crisis intervention
- 📖 Initial assessment and referrals as needed
- 📖 Individual counseling (brief and long-term) for individuals, couples and families
- 📖 Grief counseling
- 📖 Stress management techniques
- 📖 Mental health education
- 📖 6 sessions as a benefit – no cost to you

PEER ADVOCATE LIAISON (PAL) PROGRAM

<http://www.lsuhschool.edu/orgs/campushealth/pal.aspx>

In the Peer Advocate Liaison Program, LSUHSC student volunteers (PALs) learn about the resources outlined in this brochure. PALs are available to help guide students to the appropriate resources for any of the following problems:

- 📖 Academic difficulty
- 📖 Concerns with alcohol or drugs
- 📖 Stress or anxiety
- 📖 Adjustment to new environments
- 📖 Depression

PALs act as temporary resources between students and the resources that can help them. For more information go to the website above.

APRIL FACILITATORS

- Nijelnia B. Baron, BS
LSUHSC Fitness/Wellness Manager
- Kendra M. Barrier, PhD, MSN, RN
Associate Dean for Diversity, Equity, and Inclusion, School of Nursing
- Margaret Bishop-Baier, MD
Medical Director of CAP
- Lauren Davis, MD
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Interim Dean School of Allied Health Professions
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- Irena Schmidt, LCSW
Off Campus Professional Counselor
- Janet Southerland, DDS, MPH, PhD
Vice Chancellor for Academic Affairs
- Leigh Smith-Vaniz
Director of the Office of Disability Services
Title IX Coordinator
- Krystal Vaughn, PhD
Acting Head of Clinical Rehabilitation & Counseling

This brochure is on the web at

<http://www.lsuhschool.edu/administration/academic/APRIL.aspx>



Students

Are You Experiencing Academic Problems, Trouble Concentrating, Test Anxiety or Stress?



APRIL



Can Help You

A GUIDE TO
**A CADAEMIC
PERFORMANCE
RESOURCES
IN
LSUHSC-NO**